

Rules and Instructions for attending ASL Lessons

You are agreeing to the following rules and instructions outlined by ASL (facility operators) and failure to adhere to these may result in removal from the CSCSC L2S programme (if instructed by ASL).

Arrival

Please only arrive 10-15 minutes before the lesson start time, to clear security, make your way to the changing rooms (up to a 5 min walk from security), get changed and head poolside for the start of your swimmer's lesson. The teachers will register your child on the poolside at the beginning of the lesson. Swimmers must be accompanied by an adult at all times whilst at the ASL campus.

To better manage expectations, please only come onto campus 15 minutes prior to the session time to make your way straight down to the pool. There will not be a CSCSC greeter nor anyone from the club to escort you to the pool but ASL security and fellow members are incredibly helpful at directing new members.

What to bring

You should bring ID, as the security team may ask for this before allowing you to enter the building. Your child should bring a swimsuit, a towel, and any showering products they wish to use. Goggles and [swimming caps](#) are advisable. We provide all equipment needed during the lessons.

ASL Security has the right to refuse anyone including those not listed on their registers (managed by the [Stages Co-ordinator](#)) and/or additional spectators. The club hires ASL's swimming pool to operate lessons, all members are required to adhere to ASL staff, security and processes. ASL actions and decisions are not a reflection of CSCSC, it's staff, L2S offer or your registration/commitment to the club.

Spectators

We ask, where possible, to minimise the number of people coming to watch the lessons, to reduce the number of people on the poolside for the safety of everyone. Again, swimmers must be accompanied by an adult during the lesson.

Changing rooms

If your child is under the age of 8, and they need support, they should use the changing room suitable for that adult. For example, a 5-year boy with mum can go into the female changing room. Any children aged 8 and above must use the correct changing room for their gender. ASL also have an accessible changing room if you wish to use this instead.

Poolside

Swimmers will be taught by a qualified CSCSC teacher. To identify your swimmer's teacher, they will be in Camden Swimming t-shirts and will be taught with up to 3-4 other swimmers in the class. Your swimmer will be listed on the class register and due to capacity limitations, can only attend the lesson and time they are registered for. Teachers have the right to refuse a swimmer who is not on their register.

Please note, there will be 1:1 lessons taught by ASL teachers, these are not part of the CSCSC lesson programme and will be taught in the far lanes of the pool.

[CSCSC Membership Agreement](#)

This ASL agreement makes up part of the membership terms you agree to when committing your swimmer to CSCSC's L2S programme. By signing these Rules & Instructions, CSCSC assumes you have read and understood the ASL offer. Should this not meet your expectations, you are within your right to enact the cooling off period, detailed in the membership agreement.